

Implementation of PSHE

We deliver a comprehensive curriculum right from EYFS through to Year 6, addressing key themes using a developmental approach.

Key Themes:

Autumn 1:	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations and resilience building
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices (on and off line)
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Summer 2:	Changing Me	Includes Sex and Relationship Education in the context of looking at and managing change

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning. In our school we choose to deliver Personal, Social, Health Education using Jigsaw, the mindful approach to PSHE.

Our PSHE curriculum includes an understanding of the law, individual liberty and related responsibilities, acceptance and tolerance resulting in mutual respect and a deeper understanding of diversity and how this impacts society for the greater good. We teach and foster a culture of tolerance and acceptance in all aspects of school life.

We examine democracy and encourage the pupils to articulate their views and beliefs through debate and discussion using our school council model as a vehicle. We promote a programme of equality, self-awareness and responsibility. We expose pupils to a wide range of social and cultural events that are celebrated by our diverse communities in Leicester. Herrick Primary School is a positive learning environment where all members of our community are valued.

Wider Curriculum

At Herrick Primary School, we always strive to include PSHE and positive wellbeing throughout the wider curriculum. We continue to link consistent language from our PSHE and wellbeing session through other subjects such as: science, P.E and R.E.

Assemblies

Whole school assemblies, Key Stage and Class assemblies all reflect the teaching of our PSHE curriculum with particular focus to our key values and drivers.