

## Jigsaw Summer Term Overview – Year 5

<b>Relationships</b>	Week 1 12/4/2021	Week 2 19/4/2021	Week 3 26/4/2021	Week 4 3/5/2021	Week 5 10/5/2021	Week 6 17/5/2021
	<p>understand what having a boyfriend/girlfriend might mean and that it is a special relationship for when I am older</p> <p>understand that boyfriend/girlfriend relationships are personal and special, and there is no need to feel pressurised into having a boyfriend/girlfriend ( same gender couple pictures)</p>	<p>understand that belonging to an online community can have positive and negative consequences</p> <p>recognise when an online community feels unsafe or uncomfortable</p>	<p>understand there are rights and responsibilities in an online community or social network</p> <p>recognise when an online community is helpful or unhelpful to me</p>	<p>know there are rights and responsibilities when playing a game online</p> <p>recognise when an online game is becoming unhelpful or unsafe</p>	<p>recognise when I am spending too much time using devices (screen time)</p> <p>identify things I can do to reduce screen time, so my health isn't affected</p>	<p>explain how to stay safe when using technology to communicate with my friends</p> <p>recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others</p>
<b>Changing Me</b>	Week 7 24/5/2021	Week 8 7/6/2021	Week 9 14/6/2021	Week 10 21/6/2021	Week 11 28/6/2021	Week 12 5/7/2021
	<p>be aware of my own self-image and how my body image fits into that</p> <p>how to develop my own self esteem</p>	<p>(Boys and Girls are separate )</p> <p>explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally</p> <p>understand that puberty is a natural process that happens to everybody and that</p>	<p>(Boys and Girls are separate )</p> <p>describe how boys' and girls' bodies change during puberty</p> <p>express how I feel about the changes that will happen to me during puberty</p> <p>If child asks about the words, gay, lesbian, bi-sexual and transgender (in</p>	<p>(Boys and Girls are separate )describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this</p> <p>know that I have strategies to help me cope with the physical and emotional changes I will</p>	<p>identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)</p> <p>be confident that I can cope with the changes that growing up will bring</p>	<p>identify what I am looking forward to when I move to my next class</p> <p>to think about changes I will make next year and know how to go about this</p>

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		it will be OK for me	simple terms) and need clarification teacher will explain these words.	experience during puberty		
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